

# WADO INTERNATIONAL KARATE- DO FEDERATION

## **Dan Grade Syllabus (2014 – 2016)**

**Requirements** – All candidates must apply to the licensing officer 2 weeks prior to the date scheduled for the grading. Please state grade being taken and enclose your member's license with the completed application form. It is understood that these requirements may differ from country to country, especially with regard to the member's license.

Juniors can grade for 1<sup>st</sup> & 2<sup>nd</sup> Dan only. Juniors taking 1<sup>st</sup> Dan may choose only one Ohyo Gumite, Kihon Gumite and Kata from the grading syllabus. Juniors taking 2<sup>nd</sup> Dan may choose as well only one Ohyo Gumite, Kihon Gumite, Kata and Tanto Dori.

A grading application fee of £35 will be collected from all applicants prior to the examination.

### **TIME IN GRADE REQUIREMENTS ARE:-**

**SHODAN** – Regular practice as 1<sup>st</sup> kyu minimum 9 months

**NIDAN** – Regular practice as Shodan minimum 18 months

**SANDAN** – Regular practice as Nidan minimum 3 years

**YONDAN** – Regular practice as Sandan minimum 4 years

**GODAN** – Regular practice as Yondan minimum 5 years.

Candidates are required to wear a clean white Gi, and to bring sparring mitts, plus a pen for the written test.

### **REGISTRATION OF DAN GRADE-** (Fee payable by successful applicants only)

**SHODAN £120, NIDAN £130, SANDAN £140, YONDAN £170, GODAN £200, ROKUDAN £250, SICGIDAN £300.**

**JUNIOR'S – SHODAN £70, JUNIOR'S - NIDAN £90**

### **KIHON TSUKI & KERI (ALL GRADES)**

(1) Kette Junzuki

(2) Kette Gyakuzuki

(3) Kette Junzuki no Tsukomi

(4) Kette Gyakuzuki no Tsukomi

(5) Nagashizuki

(6) Jodan Mawashigeri

(7) Chudan Ushirogeri

(8) Surikomi Jodan Sokuto

## RENRAKU WAZA – (ALL GRADES)

### Hidari Hamni Gamae

#### IPPONME

OKURIASHI-URAKEN-CHUDAN—JODAN, GYAKUZUKI-CHUDAN, SURIKOMI-ASHIBARAI-USHIROGERI, URAKEN- JODAN, GYAKUZUKI-CHUDAN, MIGI-MAWASHIGERI- GEDAN, HIDARI-MAWASHIGERI-CHUDAN.

#### NIHONME

TOBIKOMIZUKI-JODAN, GYAKUZUKI-CHUDAN, NAGASHIZUKI-JODAN, MAWATE-URAKEN-JODAN, GYAKUZUKI – CHUDAN, SURIKOMI-MAWASHIGERI-CHUDAN, UCHIASHI-BARAI, GYAKUZUKI-CHUDAN.

#### SANBONME

ZENSHINSHITE NAGASHIZUKI-JODAN, GYAKUZUKI-CHUDAN, SURIKOMI-MAEGERI-CHUDAN,(MAEGERI UKE) GYAKUZUKI-CHUDAN, HIDARI-HIZAGERI, MIGI-FURIUCHI-EMPI.

Obviously change for right stance. Migi Hamni Gamae.

SANBON GUMITE- all grades up to 3<sup>rd</sup> Dan – 4<sup>th</sup> and 5<sup>th</sup> Dan applicants will not do Sanbon Gumite)

Jodan Uke (1 & 4)

Maegeri Uke (4 & 6)

#### OHYO/KIHON/IDORI/TANTO/TACHI

	Ohyo Gumite	Kihon Gumite	Tanto Dori	Idori	Tachi Dori
SHODAN	2 & 4	1 & 3	none	none	none
NIDAN	5 & 6	4 & 9	2 & 10	none	none
SANDAN	3 & 8	6 & 8	3 & 7	1	none
YONDAN	Any two	Any two	1 & 9	2	2 & 3
GODAN (under 50yrs)	Any two	Any two	Any two	Any two	Any two

#### KATA

SHODAN - Kushanku, Chinto

NIDAN - Kushanku, Jitte + Pinan chosen on the day

SANDAN - Kushanku, Wanshu+ Pinan chosen on the day

YONDAN - Jion + one advanced kata + Pinan chosen on the day

GODAN - Any two + Pinan (Chosen on the day)

JIYU KUMITE & WRITTEN TEST(all grades bring mitts, pen and paper)